



JYOTHIS NEWS & EVENTS SPECIAL ISSUE

CONSOLIDATED REPORT OF 6 YEARS
(2012 NOV- 2018 OCT) OF
JYOTHIS CHARITABLE SOCIETY

"Together we make a difference."



UNITY IS OUR STRENGTH

JYOTHIS IS THE REGISTERED SOCIETY FOR SOCIAL APOSTOLATE OF SACRED HEART CONGREGATION

MAJOR EVENTS



ASHAKIRANAM VOLUNTEERS MEET

VISION

A harmonious society which experiences and shares compassionate love, joy, peace, justice and equality.

MISSION

Promoting the dignity of the people especially the poor and marginalized by liberating them from exploitation, poverty and ignorance through an awakening and action oriented programme.



SARATHY SANGAMAM

Message



*"Where there is charity and wisdom,
there is neither fear nor ignorance" (St. Francis of Assisi)*

The Catholic Church's commitment to the development of the peoples is not a recent phenomenon. It is a matter of joy for me to say that in the recent times Sacred Heart congregation has made an effective contribution to the catholic Church for the welfare of various segments of people who are away from the main stream of the society. The Almighty has been so kind to each one of us and that is why we are doing charity for the poor and needy. On this significant occasion of the 10th year of the foundation of the Jyothis charitable society, the social work wing of the Sacred Heart congregation, it gives me great pleasure to extend my warm congratulations and best wishes to the team of sisters under the leadership of Sr. Christy Maria, the general councilor for social work, who rendered their relentless service in the field of social welfare activities.

As we move on to the next tenure, I am happy to introduce Jyothis News & Event Special Issue, a data based document which is going to give a clear cut idea on the implementation of various developmental activities of the congregation. As this magazine reaches to you in your hands for further reading we might have crossed big milestone of years in social work. I am sure that this document which is enriched with knowledge, experiences, achievements and challenges indeed would help all of us in our future endeavors. I express my profound gratitude to all the sisters for their painstaking effort and contribution towards the proper documentation which is manifested in this magazine. The entire Sacred Heart congregation is grateful to God for His kindness and mercy by which we could be more generous in loving the poor and doing the developmental works in a fruitful manner.

With regards,

Sr. Little Treasa Thevarkattil S.H
Superior General





Preface

"Go and proclaim the Kingdom of God" St. Mk 16/20

Jesus the saviour of the world chose a few persons among a large group of disciples to be the messengers. He further selected a few to be his disciples. He gave them intensive training and sent them with the fire of spirit. The Catholic Church is formed in this way. The three important missions of the Catholic Church, entrusted by Jesus Christ are, Karigma, Leturgia, and Diakonia. The mission Diakonia is implemented through social apostolate of the church. Sacred Heart Congregation is established 107 years back in order to share the compassionate love, which is experienced by every Sacred Heart Sister and to

share this love with the deprived of the society. As the traditional way of social work, we are still in the mode of charity and satisfied by giving, without giving much care and concern to the receiver.

In the recent years we have prepared a guideline for social apostolate which is known as Karmmaveethi. I am happy that a good portion of our sisters are joining their hands for implementing the activities as per the guidelines. The amount set apart for apostolate is functioning in three main areas such as financial assistance for charity activities, financial support for the running of the institutions in terms of care homes and professional help for the developmental activities.

By the Grace of God, we could follow right based approach and result based management in the developmental sector with strong support system and collaboration with other institutions. The amount spent for each item, the total no. of beneficiaries along with no. of programmes are made known in this special issue.

With an attitude of Gratitude, we would like to present this booklet for your kind reference.

Monitoring system

General Core Group
Province Core Group
Zonal meeting

(Twice in a year – Two from a Province)
(3 Time in a year . Provincial, Councilor, Zonal leaders)
(4 Times in a year. Social Work incharge of all the convent in the Zone)

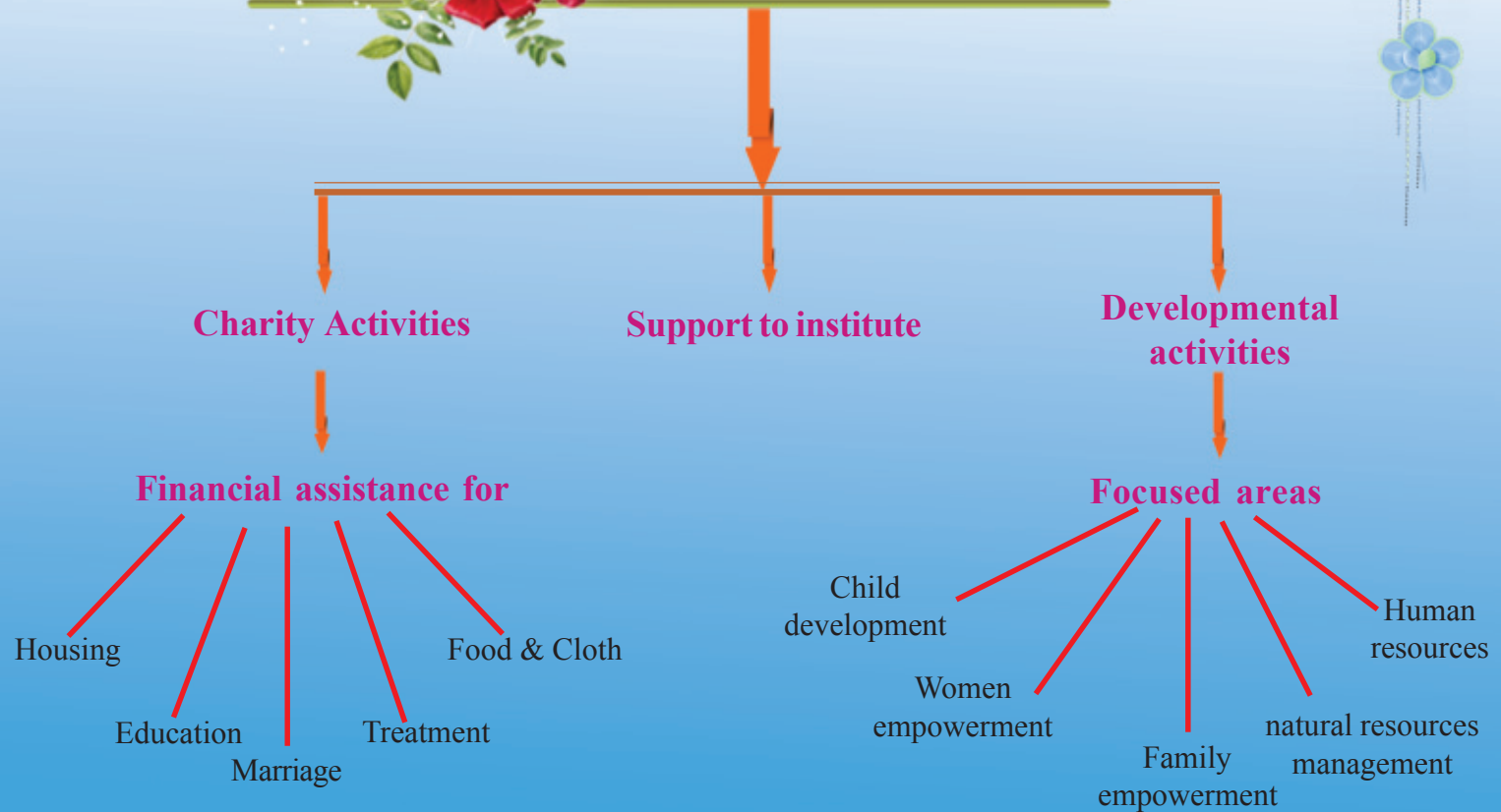
Collaboration with

- Caritas India
- CBCI Labour Commission
- NIMHANS Bangalore

- KILA Trissur
- Sarga skhethra, Chy
- CEVA, Cochin



Social Apostolate



CHARITY TABLE

Charity means support in need.

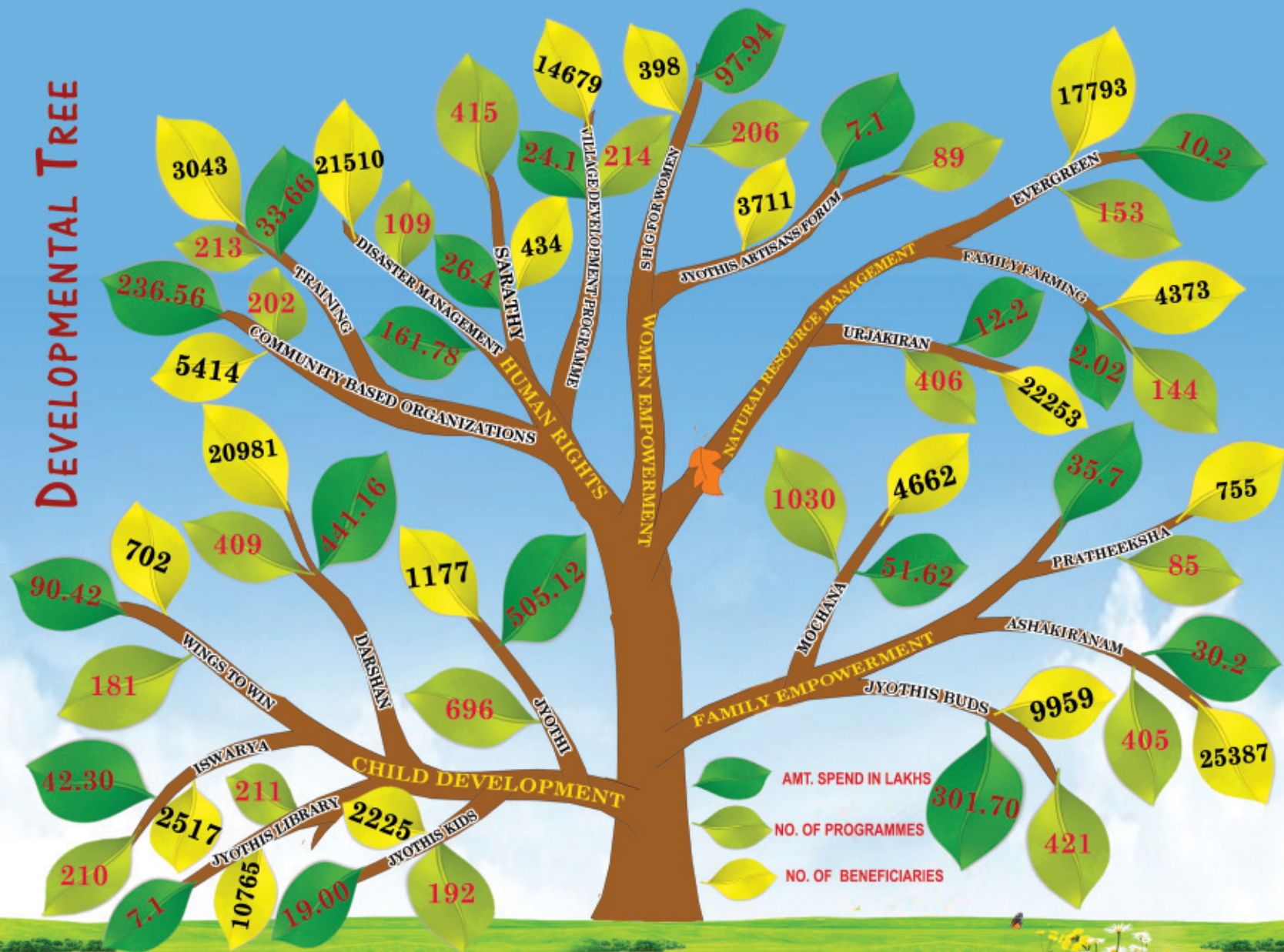
It occurs without any discrimination of caste, creed & colour but not getting expected outcome

Province		Housing	Marriage	Education	Treatment	Food & Cloth	Charity & Donation	Total
PALA	No.	296	245	644	963	600	1650	4398
	Amt.	14801000	1534000	1075407	2872973	373400	1636555	22293335
CHRY	No.	1087	803	2514	1087	6398	2209	14098
	Amt.	6236942	2981499	5003064	6664182	2881951	1922240	25689878
KLM	No.	240	109	571	562	1040	1276	3798
	Amt.	12031579	1960489	5719050	8437554	3120551	20265652	51534875
TLY	No.	238	103	202	498	132	99	1272
	Amt.	10140467	2099565	5865050	7040653	1421559	1747424	28314718
MTDY	No.	225	100	175	150	35	50	735
	Amt.	5746384	17688858	3242833	4855435	1091621	6624062	39249193
TMY	No.	140	153	140	721	35	149	1338
	Amt.	30014527	2070049	1449875	4264192	524925	3083374	41406942
KPLY	No.	150	80	100	165	36	58	589
	Amt.	1741360	500053	624903	792173	104576	578790	4341855
IDUKI	No.	40	80	140	120	210	60	650
	Amt.	1071940	240500	1687998	878528	354610	492190	4725766
ASM	No.	62	15	25	55	60	15	232
	Amt.	650000	620926	1508000	1599000	356000	686540	5420466
UJN	No.	25	8	140	150	1300	1200	2823
	Amt.	859099	199330	637700	695195	465000	335424	3191748
DEL	No.	46	65	66	167	75	179	598
	Amt.	3735277	1409385	1625176	1652824	331213	3349595	12103470
GEN.	No.	32	20	40	72	9825	219	10208
	Amt.	1852730	175880	270050	365025	11025406	5739461	19428552
TOTAL	No.	2519	1766	4732	4655	9825	6987	30484
	Amt.	88881305	31480534	28709106	40117734	11025406	42188142	242402227

INSTITUTIONAL CHART

Province		(PWD) School	Care home		for mentally ill People	external Institutions	Total
			Children	elders or adults			
PALA	No.	102		72			174
	Amt.	300000		8018300		638000	8956300
CHRY	No.				14		14
	Amt.	1121788	70000	816659	1940000	389250	4337697
KLM	No.	228	24	47			299
	Amt.	2594000	1815602	5674030		525000	10608632
TLY	No.	96	30	30			156
	Amt.	5511070	377000	2335010		91000	8314080
MTDY	No.	194		32			226
	Amt.	9784367		2230221			12014588
TMY	No.		60	22	50		132
	Amt.		525042	2171000	100000		2796042
KPLY	No.						0
	Amt.		8817148	8542940		561706	17921794
IDUKI	No.	45	55	120		3170	3390
	Amt.	25000	46000	817617		399485	1288102
UJN	No.						0
	Amt.		1,224,000			180,000	1404000
DEL	No.	35	20				55
	Amt.	60 00000	540 0000			5 00000	0
GEN.	No.	85				120	205
	Amt.	25000				265700	290700
TOTAL	No.	785	189	323	64	3290	4651
	Amt.	19361225	12874792	30605777	2040000	3050141	67931935

DEVELOPMENTAL TREE





MILE STONES

External Funds Utilized

Province	CEVA	NEAC	Urjakiran	CBR	Ashakiran	Cap@Campus	Jyothi	Sponsor	Total
PALA	72000	66000	39000		38500	18540	169500	1042000	1445540
CHRY	133000	37200	41000		23000	35050	483	2431467	2701200
KLM	56500		95000		7000		66200	2028774	2253474
MTDY	81620	483105	45000	938859	30000	26500	68500	2294000	3967584
TLY	28000		36000		22000	23000	60800	307000	476800
TMY	30000		68900			18600	73300	117500	308300
KPLY	67023		52300		10000	4540	163600	238000	535463
IDUKI	68000	42263	38000		25000	2000	58200	144720	378183
DEL							38200	380200	418400
ASM				3350736			56500	150000	3557236
UJN							86800	462050	548850
GEN.	25500	71000	10400		284500	12000		50000	453400
TOTAL	561643	699568	425600	4289595	440000	140230	842083	9645711	17044430

Goal: Integral development of the marginalised children

Objective:

Personality development, Achievement motivation for academic excellence, Better family function

Activities

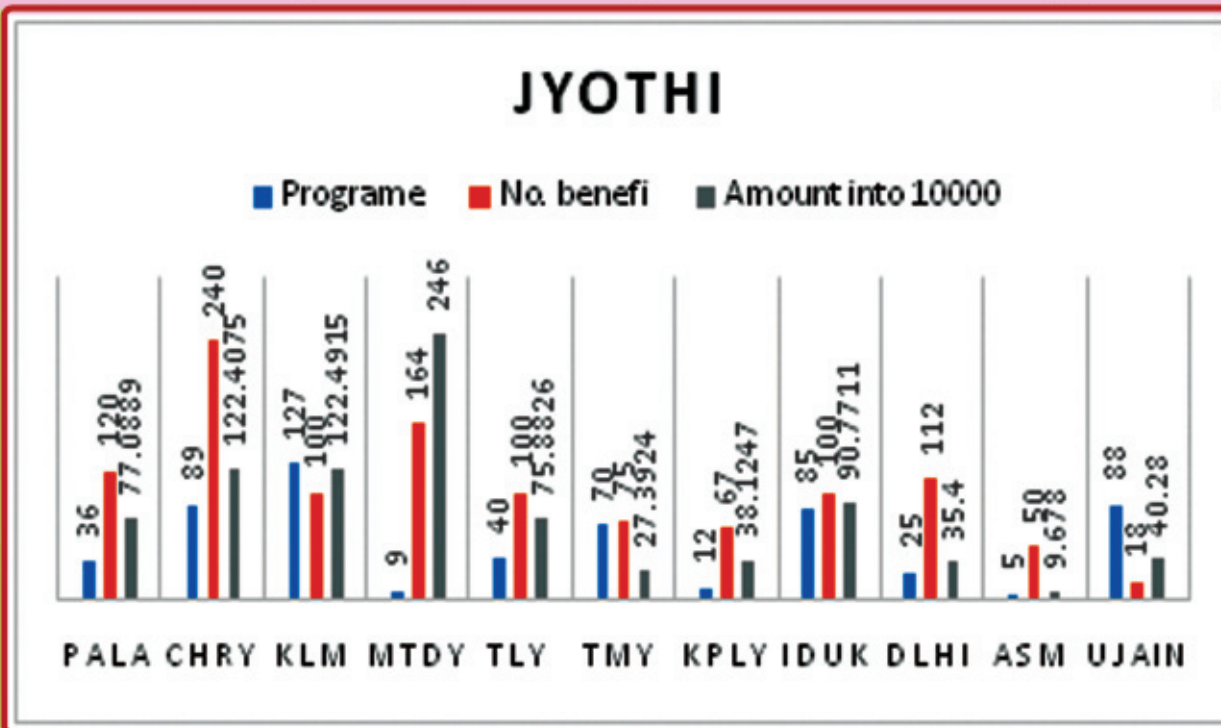
Awareness programme, Exposure visits, Residential camps, Competitions & Picnic, Income Generating Programmes, Savings schemes, Gatherings of Parents, Financial Support

Jyothi Project



I am Jisna Jiji I am studying in +1, I am from Pulikkurumbam. I joined in

SESP 4 years back 2015 May. Every month I got different value oriented classes. It helped me a lot to overcome my fear to face the audience. It improved my self confidence. I got courage to go alone to classes. The class about attitude teaches me a lot. All the programmes of SESP I attended were a great opportunity for me to grow into a good personality.



Child development Programmes

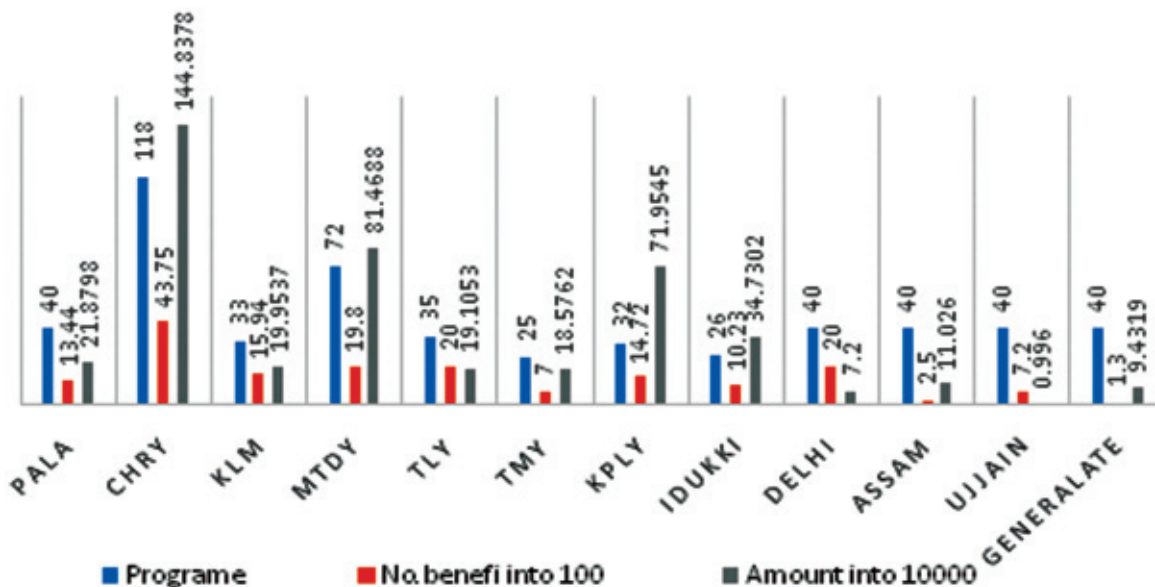
Darshan

Objective: Enhance Creativity, Increase personal and social responsibility, Inculcate health

Goal: Holistic development of the Children

Activities: Awareness class, Summer Camps, Exposure Visits, Competition and study tour, Games, Visiting Public institutions

DARSHAN



I am Sini Devasia from vadakekara, attending navadarshan camp in every

year. It helps me to the overall development in my life. In every year the camp module is based on a theme. It include various activities like classes, visit, excibition, yoga, meditation, cultural programmes , skit, banner& badge prepration, food fest, outing etc. Since I am involving these activities, its help to improve my knowledge, skills and to devolope positive attitude.

Child development Programmes



Goal: Integral development of the children below 6 years

Objective: Holistic development of the kids
Introduce Child rearing of the young couples.

Activities: Bible nursery, Baby fest, Awareness

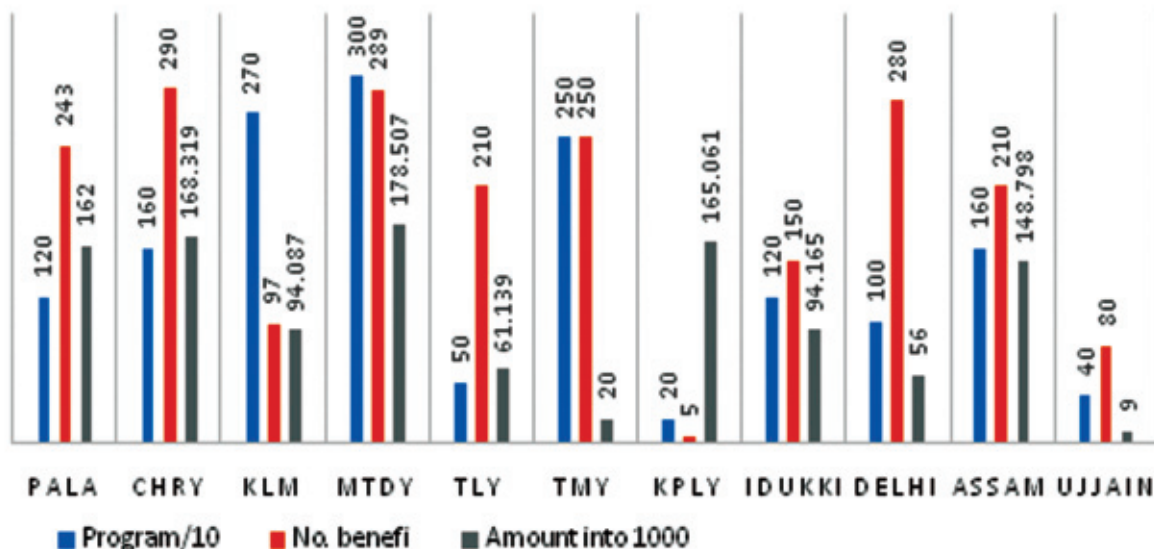
Jyothis Kids



I am Smt. Sherin Wilson teacher of S.H nursery school Nedumani have been there for

the last 4 years. More than 80 children studying there. All these years we have been conducting better programmers for the all round development of children. Day by day children and parents were very interested in the programmes such as baby fest, baby show, food fest, day celebrations, cultural programmes and outings. But we are hoping a better one in the coming year since the children are very positively responding with the programme..

JYOTHIS KIDS



Child development Programmes

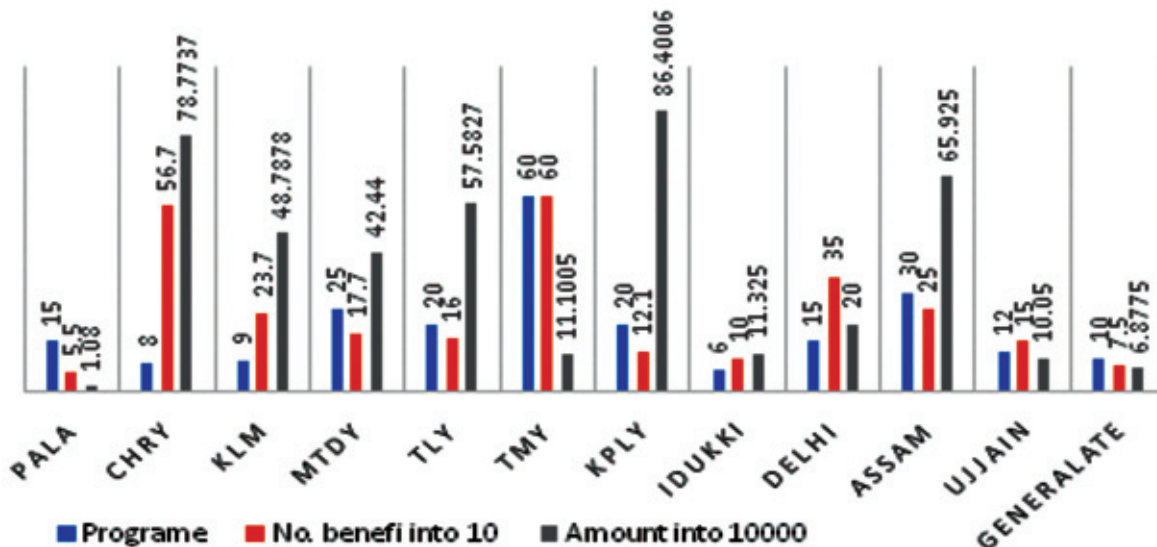
Iswarya

Objective: To enhance savings habits among school going children
Prepare for future needs

Goal: Financial independence of the children from backward families nurturing money saving habit among children and to teach the effective use of money to get rid of unnecessary expense and lavish life.

Activities: Awareness classes, Summer camp, Saving scheme

AISWARYA



I a m
Manju
Devi
From
Palampur
(Himachal
Prethesh.
I am 40

years old and now I am attached with ISWARIYA PROJECT. In this Project I deposit Rs-3000/- in easy Installment and when I completed Rs-3000/- then I got Rs-5000/- now I made Fixed Deposit to this amount. In future this amount is very useful for me and my families. I am very thankful to all of sisters for this type of Noble Work.

Child development Programmes



Goal: Career development & formation of responsible citizen.

Objective: Motivation for higher studies
Enhance Self dependence
Carrier orientation

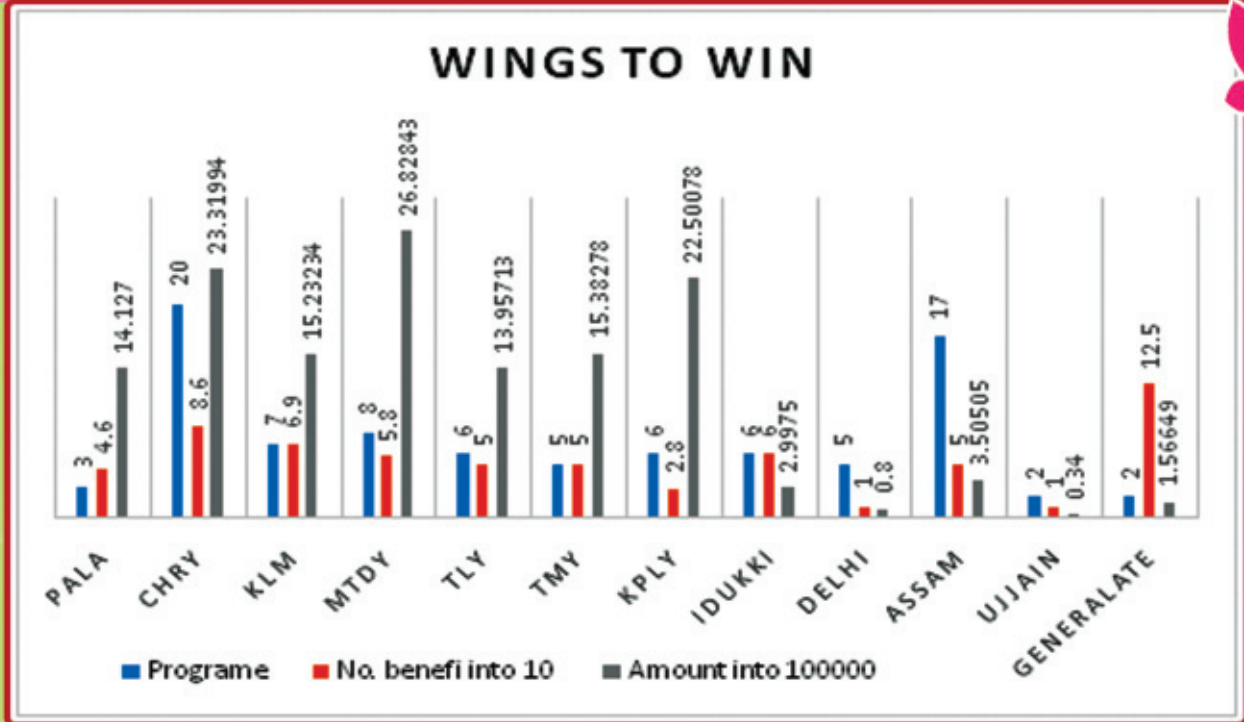


Activities: Financial assistance, Awareness programme ,
Exposure programmes, Carrier guidance



I am Albin Palakkal and 22 years old. I completed Automobile engineering and work

ing in a Jewellery shop in sales department. When I was small I lost my father due to Cancer and my mother struggled to study us. When I completed my plus two I felt great financial crisis to continue my study. At that time SH sisters visited my house and told us about Wings to win project which helped me to complete my higher studies. I got many financial, physical and spiritual support from the part of sisters. Now I have a good job and we live a happy life.



Child development Programmes



Jyothis library

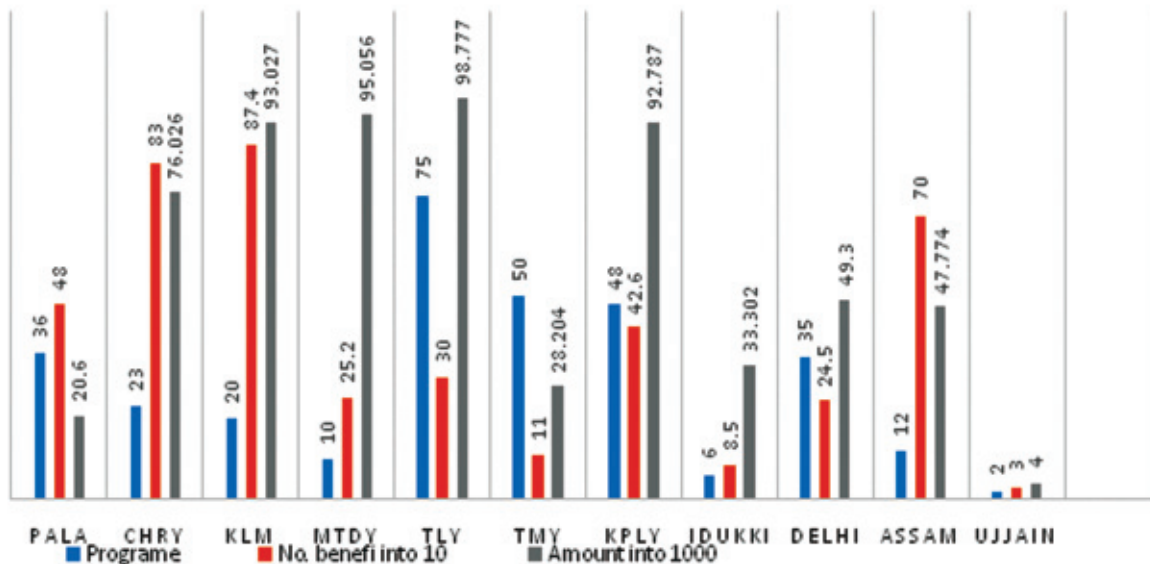
Objective: motivate to devlope reading habits, create a culture of searching

Goal: Enhance reading habits, Widen the knowledge

Activities:

Distribution of library books, Quiz competition, Conduct seminars, debates and competitions

JYOTHIS LIBRARY



I am Anitta Rosmi Roy studying in 8th standard.

My hobby is reading books. After becoming a member of jyothis Library I got a lot of good books to read. I read several books of saints, and it inspired me a lot. Books and reading helped in my studies and in my behavior. I thank sisters and god for giving me such a good opportunity.

Child development Programmes



Goal: Rehabilitation of the alcoholic people

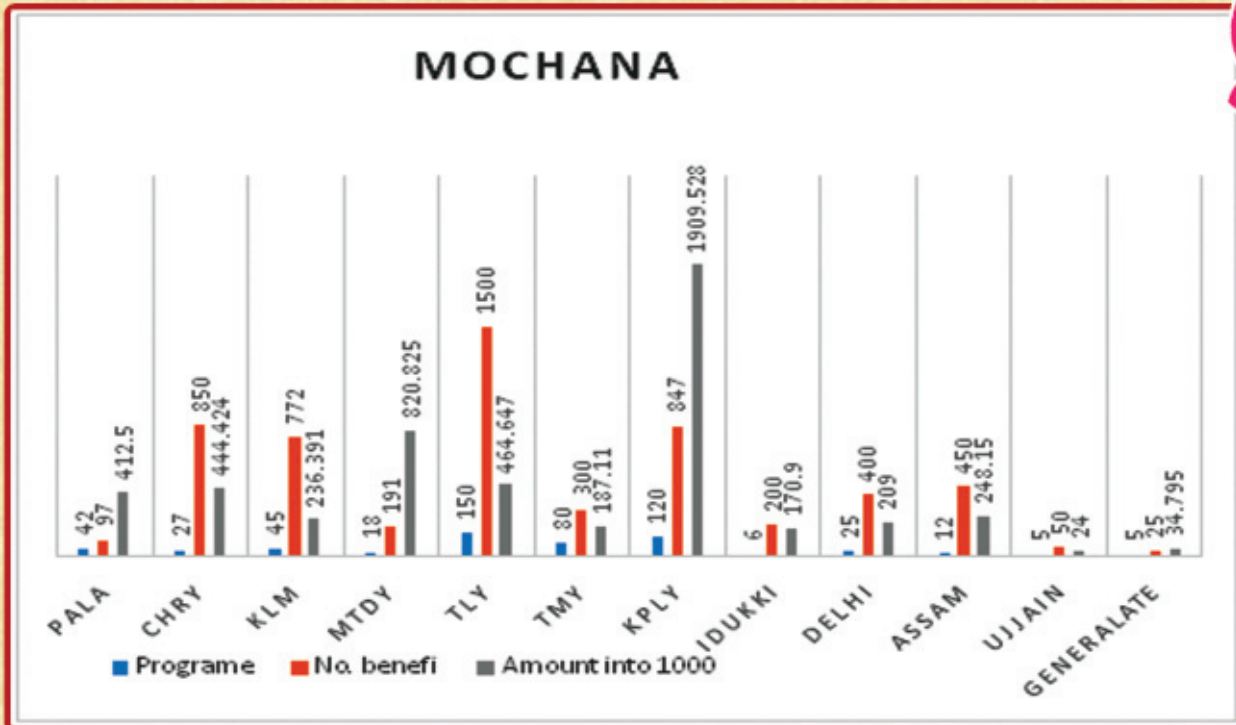
Objective: Strengthen the families, Create a peaceful environment in the family, Motivation for alcoholic free families

Activities: Awareness programme, Mental and spiritual support for the family members, Retreat and guidance, counselling, Medication, Treatment



My name is Sri. Jimmy 63 years living in M a m p u zhakery. I was a drunkard for 40 years. At

the age of 18 I started using alchahol. The S.H sisters nearby Convent advised me to stop it for many years. But I never took it seriously. When I was 60 years I had a caviar stomach pain. The Doctors from Alappy Medical College detected it as a symptom of Liver Serosois and ask me to stop my bad hobbit. Even then I Can't stop it. But When I was 62 years After a long period of prayer and advise the sisters forced me to attend a retreat and send me .After that I have a great change in my life.



Family empowerment



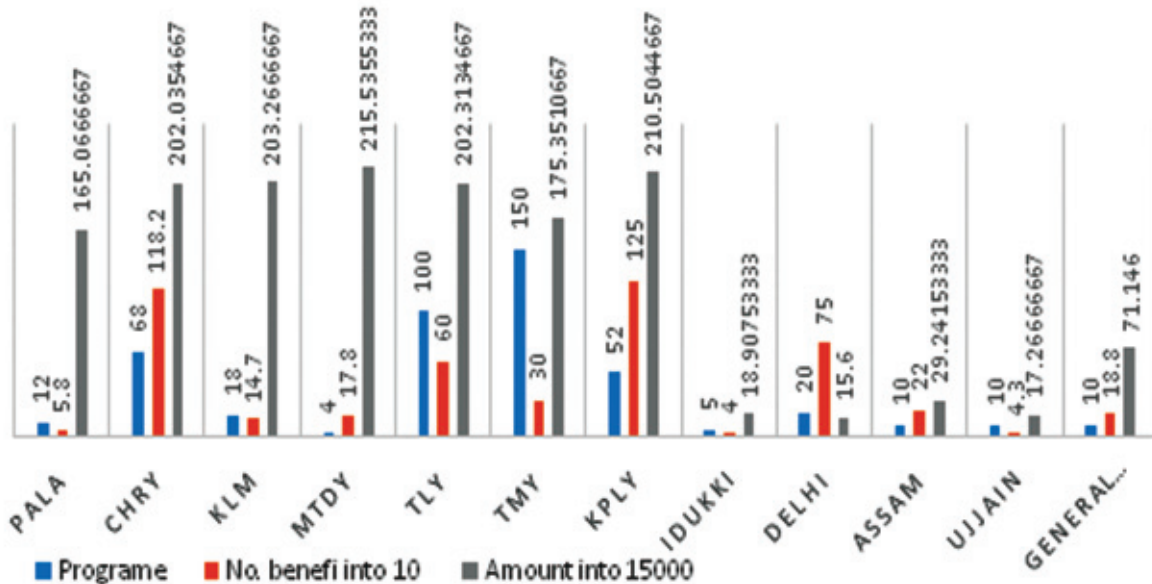
Jyothis Buds

Objective: Provide financial support to have any income generating programme, Financial security

Goal: Financial independency among poor families

Activities: Skill Training, Financial support, Awareness programmes

JYOTHIS BUDS



I G P
Project –
Rural self
Employment
Development

programme for women

Name :- Sigi Siby Age :- 38

Educational qualification :-

Graduation

The problem that was faced :-

Economic backwardness

The service provide by S.H Sisters :-

IGP Training

The Current status or the result :-

She earned 3 Lakhs from

Jewellery Making.

Family empowerment



Goal: Build a healthy community



Objective: Promote a healthy life style among people,
Save the people from consumerestic world

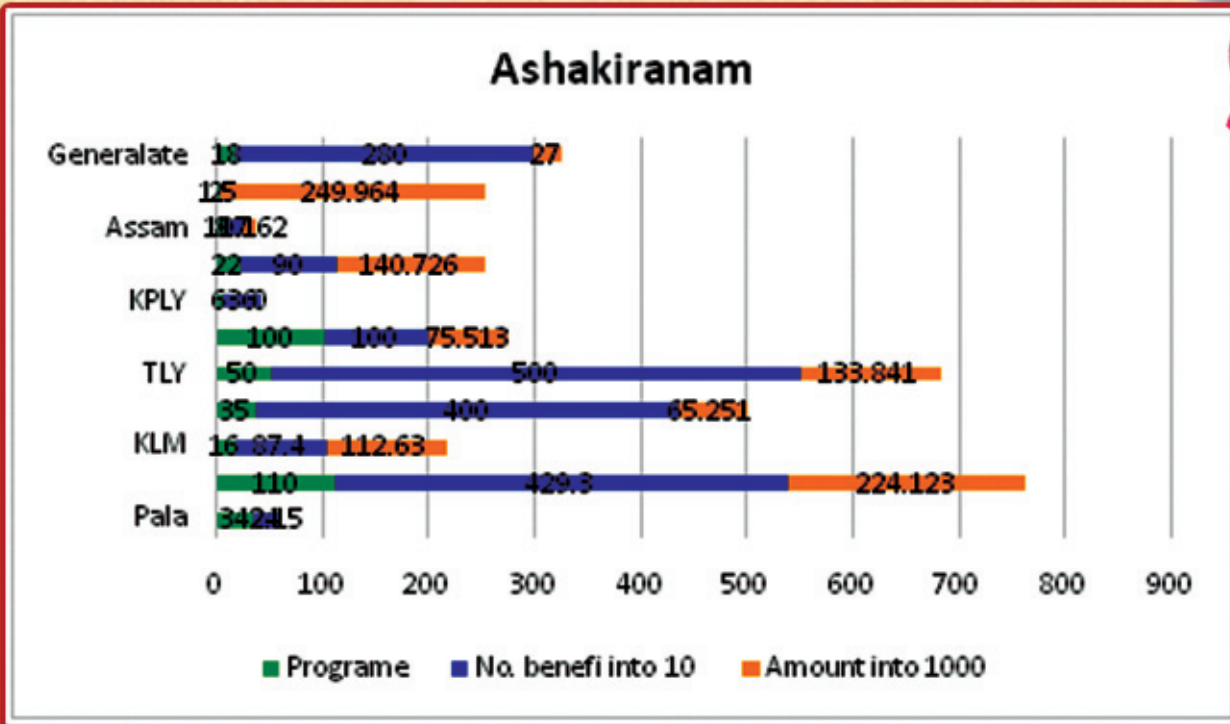


Activities: A Awareness campaign, Animators training, Introduce organic farming



I am Biji Jijo. I am 34 years old and a house wife. I completed SSLC. I never get

any chance to participate in awareness classes or public welfare activities. One day SH sisters phoned me and explained about Ashakira nam cancer care programme. Through this programme I got opportunities to visit the houses of cancer patients, to participate in Ashakiranam volunteer's meet and different awareness classes. Through this programs I got many tips to live a healthy life and confidence to defeat cancer from the society.



Family empowerment



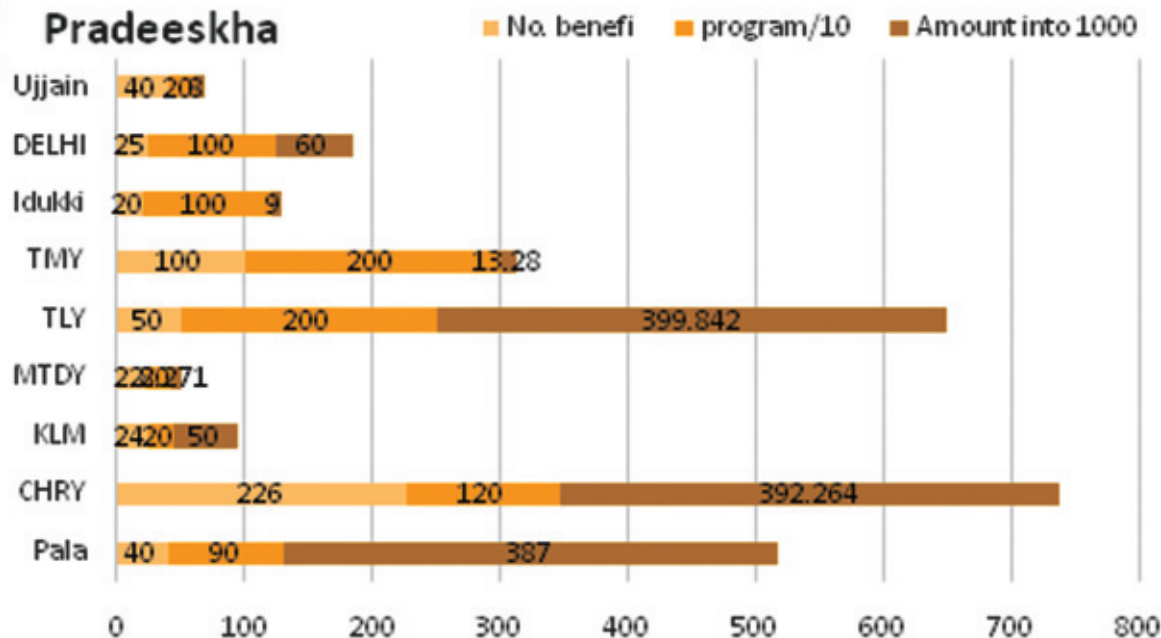
ASHAKIRANAM-CHANGANACHERRY

Objective: Motivation to avail Govt. Services,
Advocacy about good governness

Goal: Network with Govt.
and other NGOs

Activities: Awareness on Govt. policies, Motivation classes,
Promotion of financial security

Pradeeskha



Iam Mini
working as
an Animat
or for last
10 years.
It helps
me to co-
operate

with different types of people. Iam attending each and every gramasabha. So I got all the information about different pension schemes and how to apply for that. Many of the local people don't have any idea about it. So I wish to help all people who need it. I help so many people to get pensions, education scholar ship etc. I motivated people to take membership in different Governemt Welfare Schemes.



Goal: Women empowerment

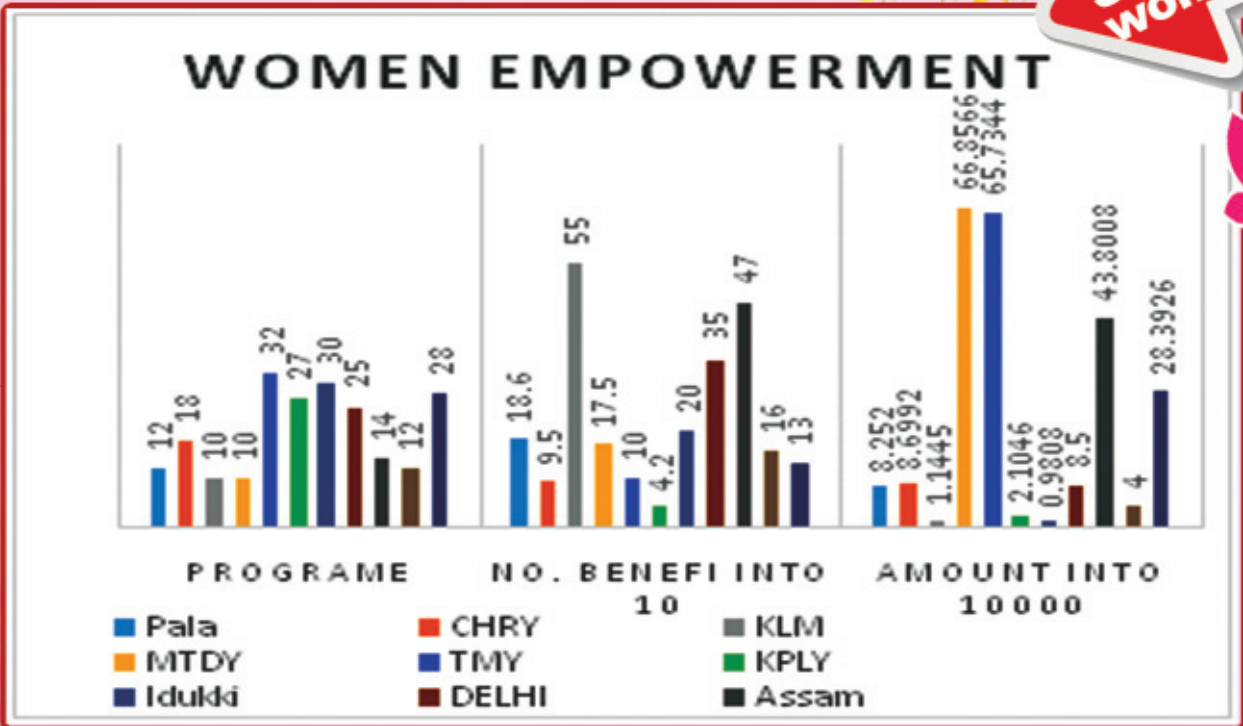
Objective: Financial security, Social Security

Activities: Regular gathering, Group formation, Promote saving habit



I am Swapna Joby, a housewife, 37 years old. I studied till PDC and working in

Santhom Stitching Unit. I had no job before joining this programme of SH sisters and we faced many difficulties to run the family needs. At that time the SH sisters of Koorachundu called me for a meeting and shared about the stitching unit to stitch the upper part of sandals with the collaboration of Fisher company. We also got trainings from the company and started the stitching unit with the help of sisters and now I am having good and happy family life.



SHG- ONAM MELA @ SSUMP



Women Empowerment

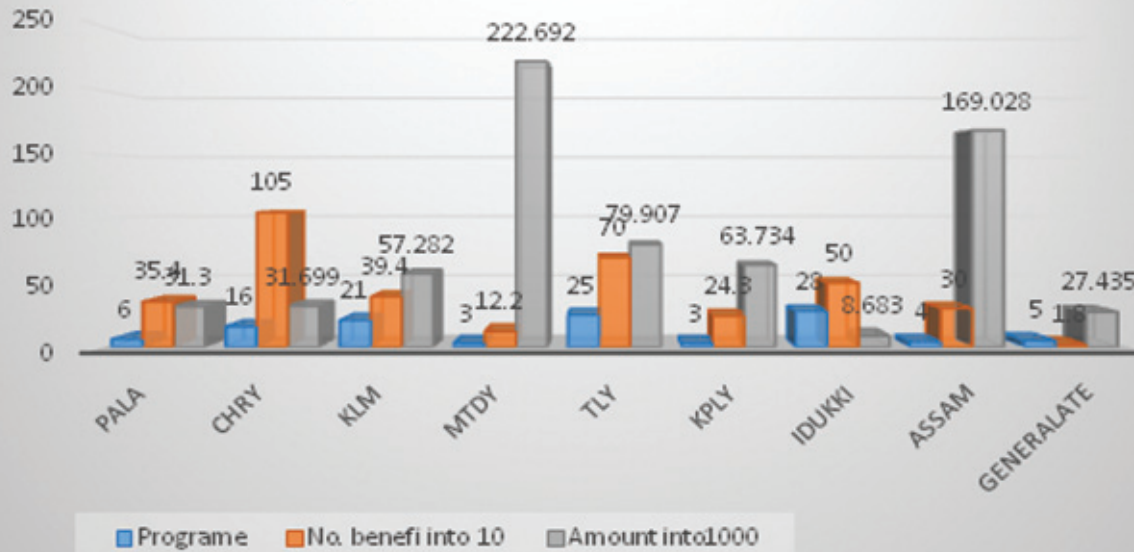
Jyothis artisans forum

Objective: Promote skill development,
Create a platform for marketing the products

Goal: Up gradation of the
innate talents and other NGOs

Activities: Awareness class, Skill training, Financial support, Marketing facilities

Jyothis Artisans Forum



I am Shajumon from Vellari kundu. I got Artisans certificate through the skill test done by S H Convent Peravoor. Then onwards I am participating in exhibitions with bamboo products. Yearly I earn nearly 50000 out of it. It was great help I got this certificate through sisters. Thanking God for that. I Participated bamboo fest at Eranakulam, Bangalore and different places of Kerala.

Women Empowerment



Goal: Promotion of eco spirituality

Objective: Promote eco friendly life style, Inculcate value of hard working in soil, Natural resource management, Sustainable development

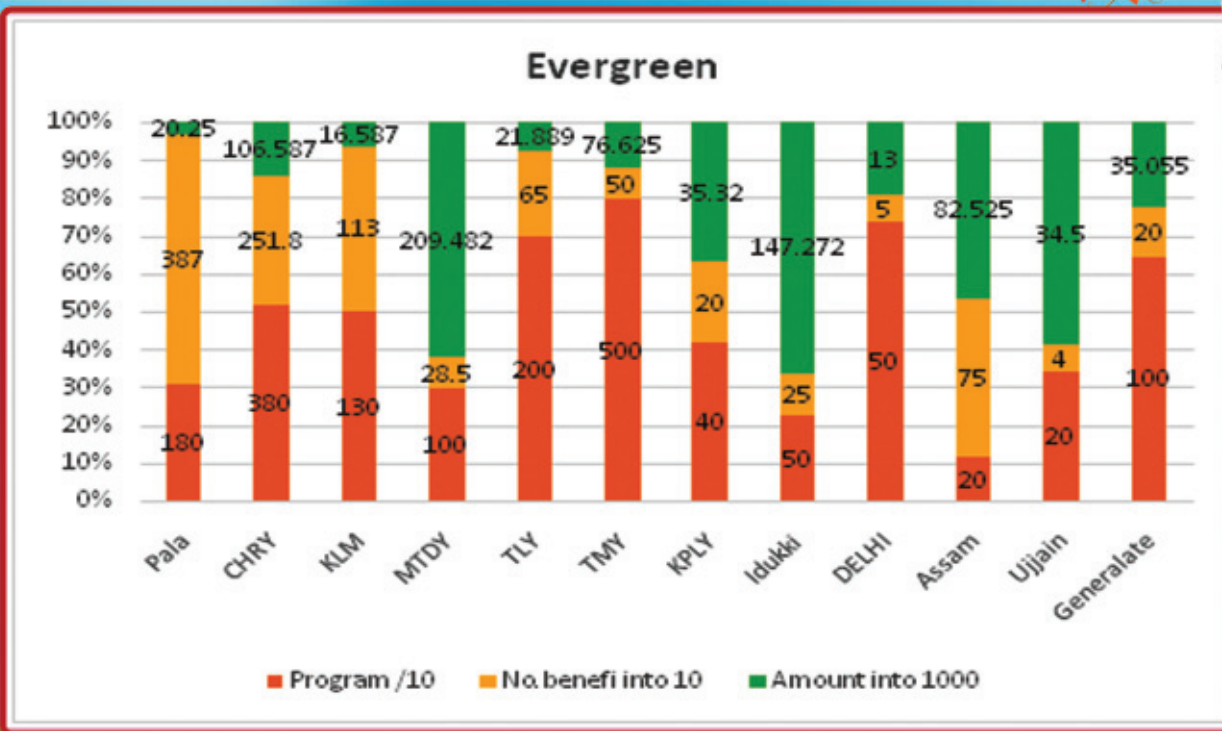


Activities: Organic farming, Competition on vegetable garden, Awareness on environmental protection , Exposure programmes, Distribution of seeds and saplings



I am Anitta Benny. I am studying in 8th standard and 13 years old. I was not interested

to do any farming before joining the Jyothi project. One day Sr. Elsy John SH told us that they are conducting an organic farming competition which is called as Evergreen. Sister motivated us to participate in it and also gave us variety of vegetable seeds. When I started this programme I was so interested to farm vegetables and I cultivated lot of vegetables with the help of my younger brother and I got the first prize in the competition.



Natural Resource management



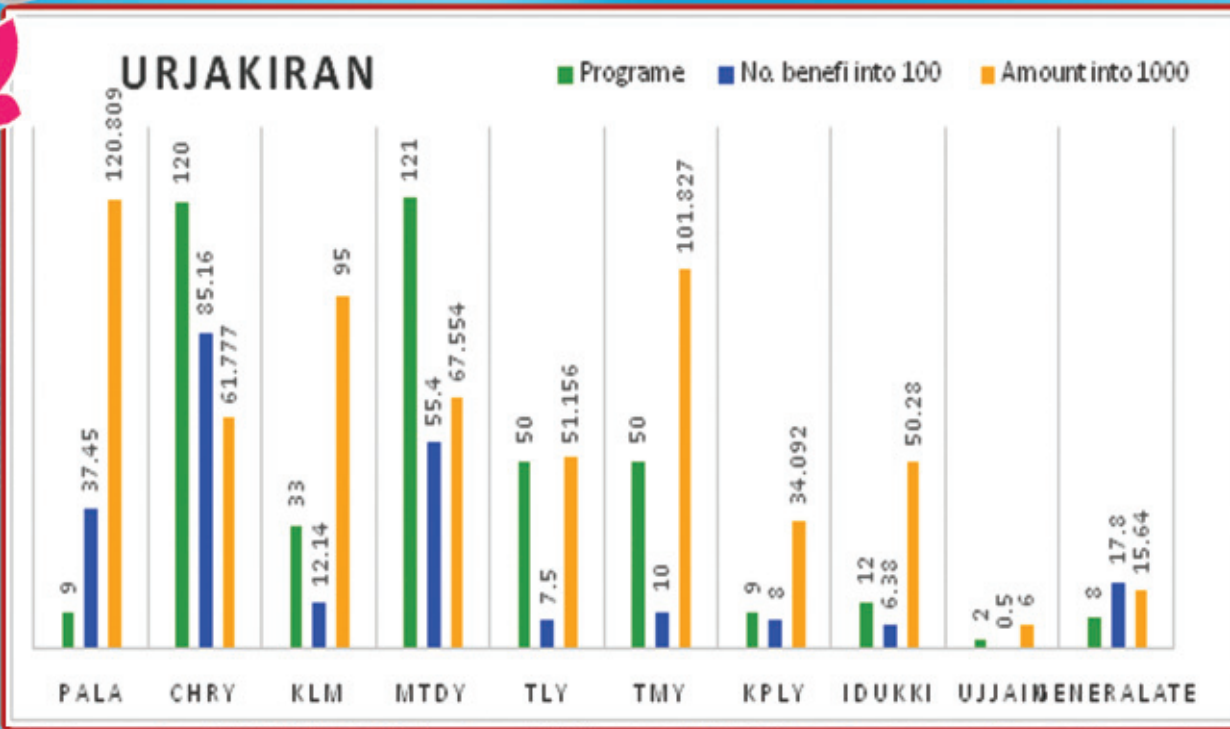


Natural Resource management

Objective: Promotion of renewable source of energy, Create the importance of energy, Motivate to save the energy

Goal: Energy management in sustainable manner

Activities: Awareness class on energy savings, Public meeting, Competitions



I am Sr. L is n a Mathew S.H, Superior of Ashabhavan convent. I attended

the Urjakiran awareness programmes conducted by our province. Through this programmes I got knowledge about electricity saving methods in our day today life. I started applying these methods in our convent. And found very good results. We reduced the use of CFL lights and started using LED bulbs instead of it. There is lot of difference in our electricity usage. And we can save money through this.

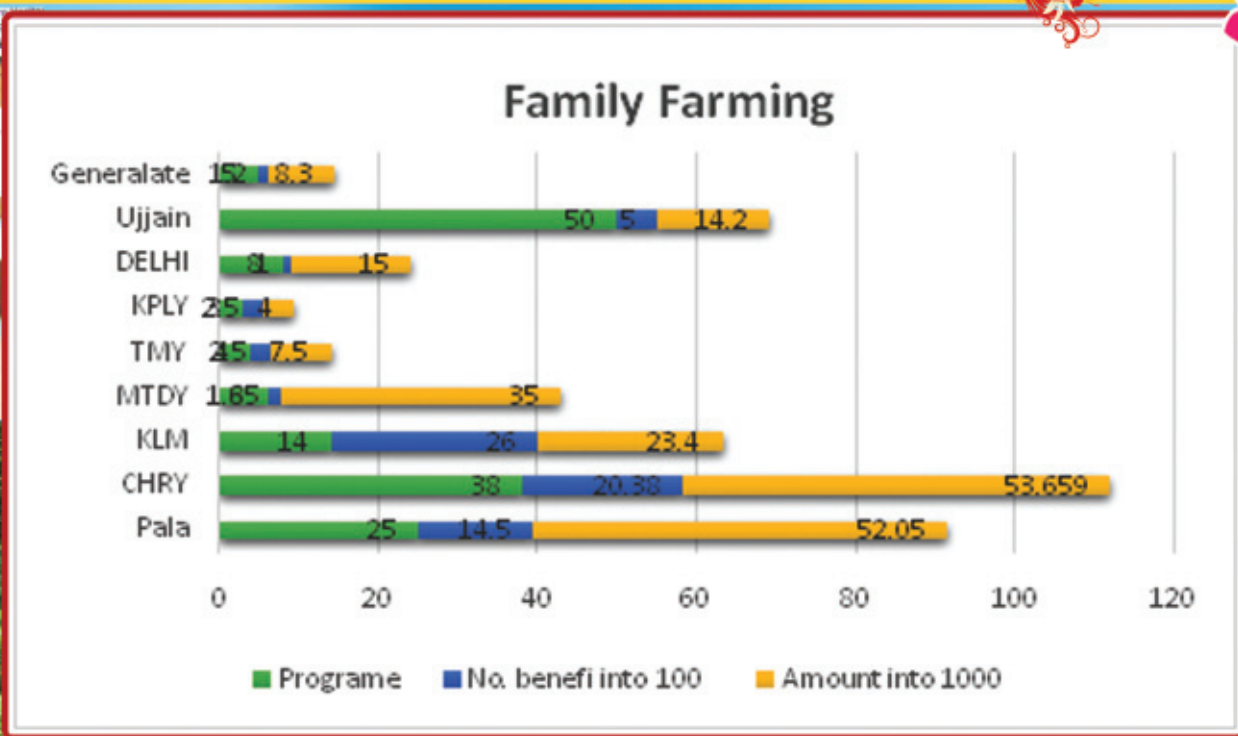


Goal: Protection of nature and prevention of disease

Objective: Positive attitude among family members to make use the resources, Cultivate food security among family members, Motivate family members to share the task by toil in the soil

Activities: Promotion of vegetable gardens, Completion on kitchen garden, Awareness class on natural resource management

Family Farming



Natural Resource management

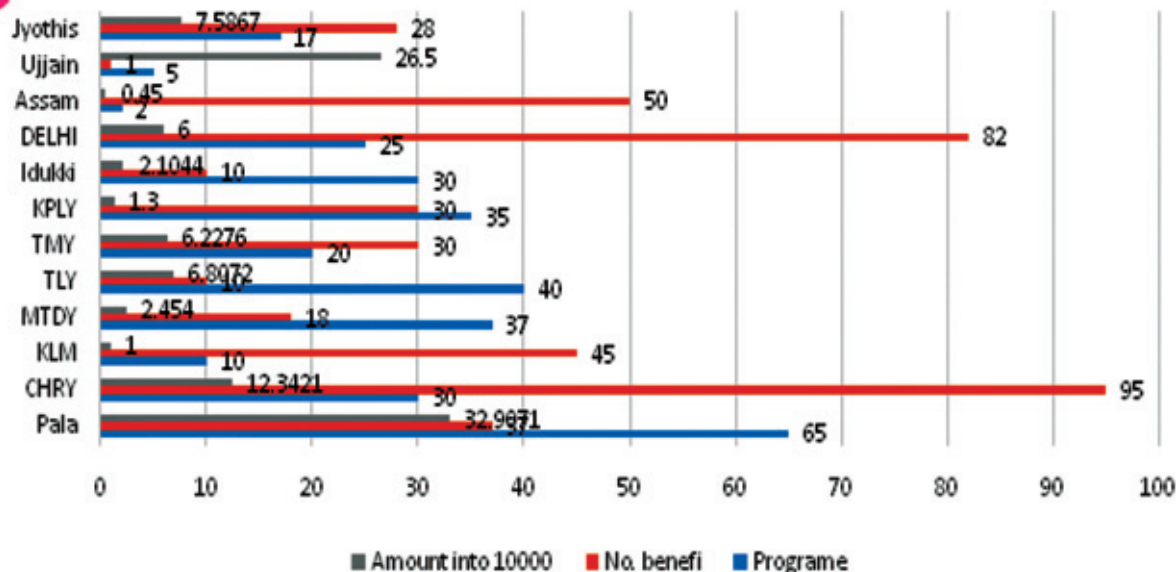
Sarathy

Objective: Improve the skills among them,
Enhance the financial status,
Develop Social network system

Goal: Empowerment of the
rickshaw drivers in
sustainable manner

Activities: Formation of the taxi /rickshaw drivers group, Regular gathering of the group members, Introduce saving schemes, Awareness to develop the social and mental health

Sarathy



I am Sibi Joseph President of Kripa Sarathi Ramapuram Unit. We are 17 members in our

Sarathi. After becoming a member of Sarathi we all had changed a lot. Many of us stopped drinking alcohol and selling of alcohol. I personally started to help who are needy. Charity works, helping people to build house, celebrating days with elderly persons etc. I thank especially to Sr. Taisy, Sr Merlin Thekkel, And also our animators who are always with us to help in a better way to lead our lives. I believe it is because of the prayer of sisters and Sarathi members that we are growing mentally and physicaly and socially each day. I thank God for that.

Human Rights

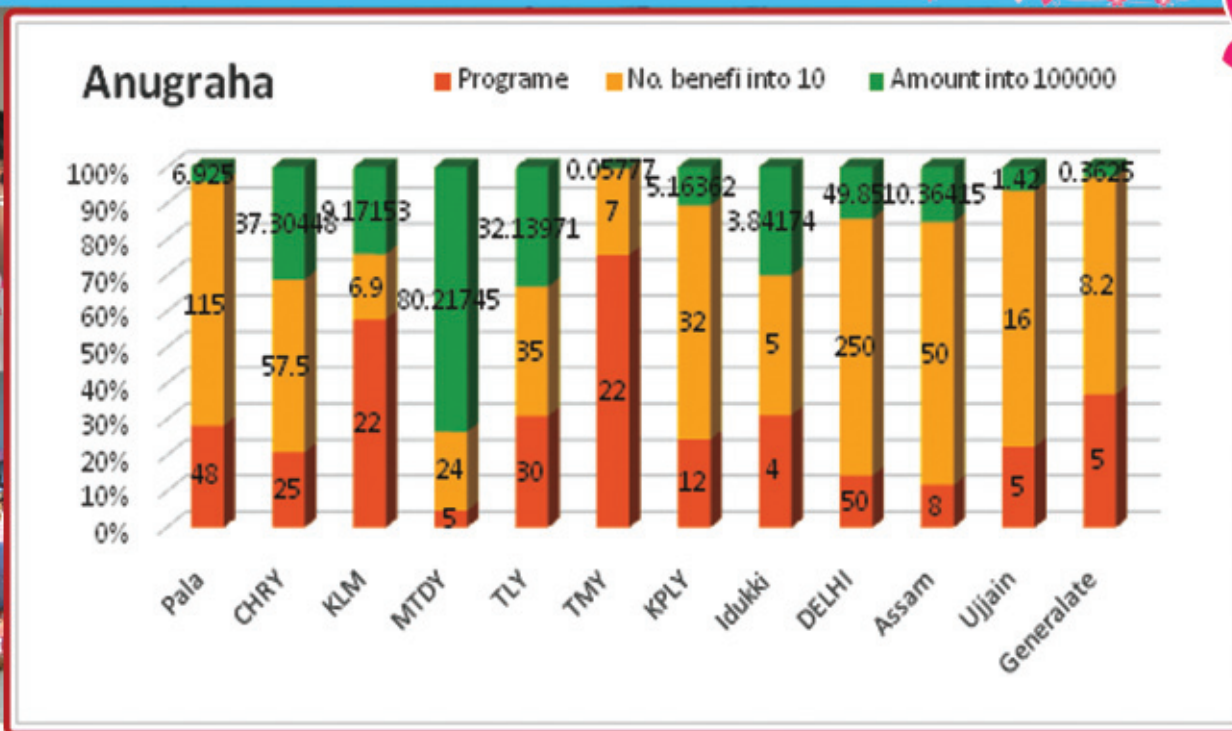


Goal: Enhance the human dignity

Objective: Enhance the social networking, Develop self confidence and worth of the life, Avail the social security measures

Activities: Formation of various groups /organizations in the community, Monitoring the regular gathering for the empowerment, Motivate to have social responsibility

Community Based Organizations



Human Rights

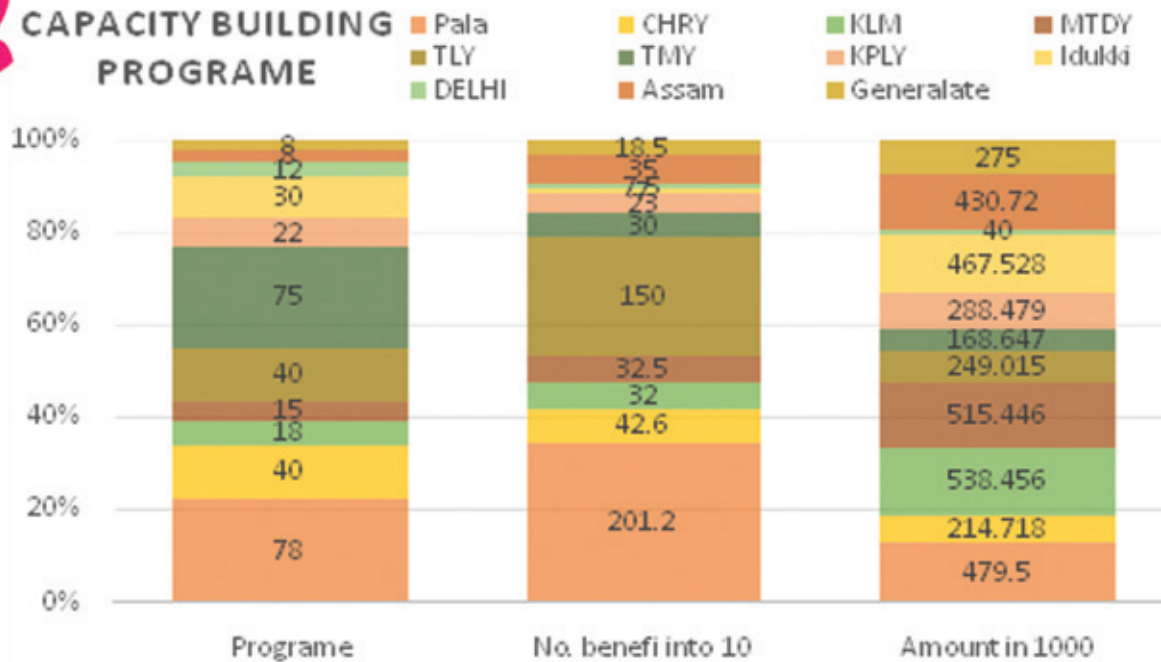
Capacity Building Programme

Objective: Develop the confidence, Empower the human being, Make use the human resources to the maximum

Goal: Bring out the talents of each person

Activities: Training programme, exposure visits, workshops, awareness classes, Management training.

CAPACITY BUILDING PROGRAMME



My name is Mercy Palakkal and I am 50 years old. I studied still 8th standard and I am a house wife.

When my husband died with Cancer, I faced great difficulty to run my family. At that time SH sisters of Kariyathumpara reached my house and provided me self-confidence and gave money for goat rearing and also participated me in IGP group and this helped me to acquire more confidence and support. With the income of goat rearing, I accomplished the study my 2 children and also to run my house. It was a great help from the part of SH sisters and I am thankful to God and them.

Human Rights



Goal: Integrated development of the people in a village

Objective: Need assessment in the village,
Capacity building programme
Fill the gaps in the delivery of services

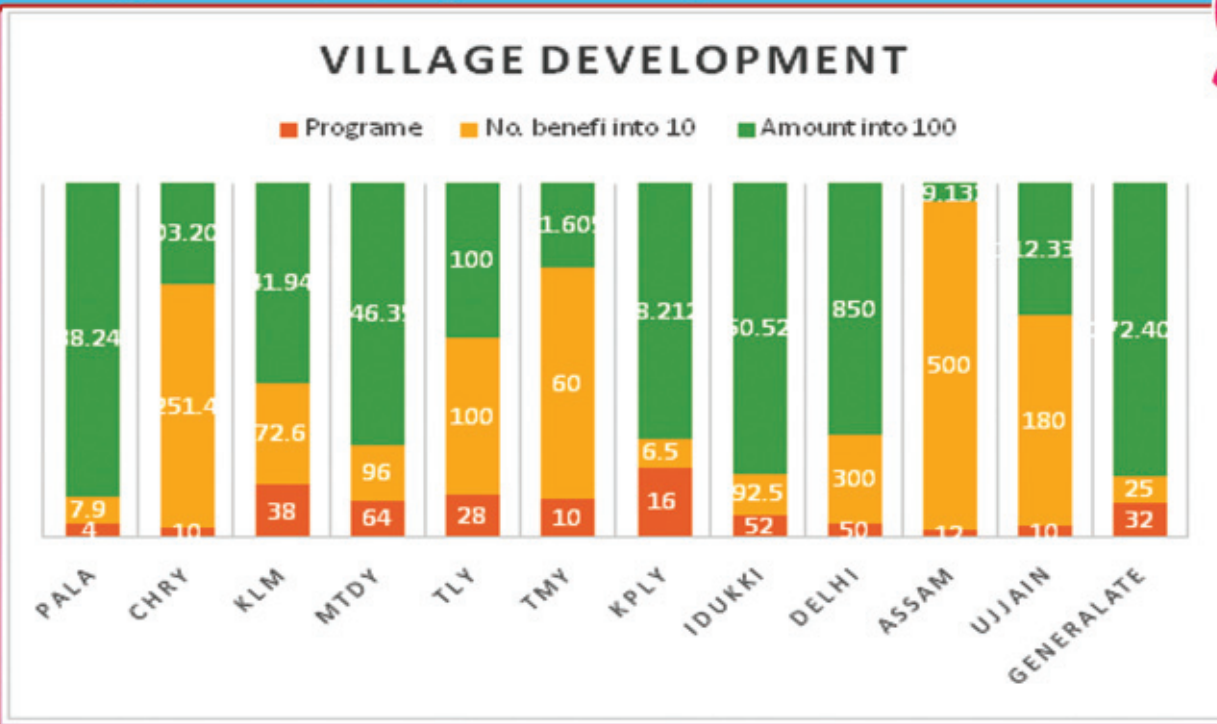


Activities: Awareness classes, Capacity building programme,
Financial support for the poor, Regular monitoring



Smt. Sandhya Ramesh, President, Kavalam Grama Panchayathu had been going through a very hard

situations in July & August. 100 of people lost their houses, farms and other household equipments. I sure, we have to wait more than 5 years to achieve what we lost in the natural disaster, what all ways in they could. Some got houses and financial support to rebuild destroyed houses. Many of us got an income generation venture such as goat rearing and poultry. More than 25 people get support from Habitat India help through Sevanikethan. We all are thankful to each and every soul behind this organization



Human Rights



I am sereena Varghese from mampuzhakery. I am studying in fifth standard. I came in SESP before 3 years. I got more Knowledge and moral Classes that change my character. One day we went to an orphanage for elders I saw sorrowing women. Now I got kind, Love, Helpful mind etc. I got many friends and very happy with them. I understood the bad effects of non-veg Jung Food (Cola, Burger etc) and how to protect from cancer. Sr. Tresa Mathew S.H., Soumya, Manju Chechies taught us. I am proud of it and I am thankful to all sr. tresa, Soumya, Manju Chechi.



I am Unni from Koorachundu. I am 40 years old and completed SSLC. I am an Auto driver in koorachundu. One day the SH sisters called us for a meeting in Convent and explained about Sarathy group and its objectives and aims. I felt it as is a good programme and joined in it. I was not interested in any other programs. But when I joined this project I got many opportunities to interact with people, participate in public welfare activities, participates in savings programs and take part in motivation programs and exposure visits.

I am Nayana from Thondiyil, doing Civil Service coaching from Trivandrum. I did my degree in zoology and passed it with 86.8% marks. While studying in Pala St. Alphonsa College Saturday and Sunday I spent time to study in Civil Service Institute Pala, This helped me to go on with my goal to achieve it. I am from financially very backward family background, and I did my schooling from St. Vincentian's Orphanage Thondiyil. The sisters of Thalassery province helped me a lot to achieve my dreams through their Wings to Win project. They helped me to lit the little spark of fire to a burning flames by their guidance and support. I thank God and Sacred Heart sisters for their timely support and help.



Asbin Roy, 18 years old, Bsc Computer mathematics and Statistics @ Christ college, Bangalore SESP is an education Sponsorship Programme for the students who are from economically and financially backward families to support their studies and other activities. Sesp provides tuition to all students in all units to improve their activities. Also sesp provides different types of retreats and camp programmes for all children irrespective of caste and religion. Several motivation programmes are conducted for the childrens to achieve confidence and to become great in society. I am proudly says sesp plays a major role in my life. When I was 7 years old, I joined sesp. I am from an average family. My father was died when I was nine years old, then my family becomes down. I have mother and one elder brother. On that situation, sesp help us a lot.